Programme Objectives

1. Training of professional practitioners
2. Preparing students for graduate studies in Counselling & Psychology
3. Coping with the drastic demand for counsellors in Hong Kong

Programme Structure

<table>
<thead>
<tr>
<th>Mode</th>
<th>Full-time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>4 Years</td>
</tr>
<tr>
<td>Credits Required for Award</td>
<td>123</td>
</tr>
<tr>
<td>Head of Department</td>
<td>Professor Catherine SUN</td>
</tr>
</tbody>
</table>

Features

1. Adopts a scientist-practitioner approach in teaching and learning
2. Encompasses the latest developments in Counselling and Psychology
3. Is based on a solid foundation of knowledge in Psychology
4. Allows students to acquire practical experience
5. Enables students to apply what they have learnt to real-life situations.
## Progression in the Programme

*(Only compulsory courses are shown)*

### First Year
- CHI 101-2: First Year Chinese I & II
- COMP 101: Introduction to Information Technology
- ENG 111-2: English Usage I & II
- PSY 100: Introductory Psychology
- PSY 103: Statistics for Social Sciences
- PSY 110: Biological Bases of Behaviour
- PSY 120: Lifespan Developmental Psychology

### Second Year
- COUN 200: Theories and Systems in Counselling & Psychotherapy
- COUN 210: Microskills in Counselling & Psychotherapy
- COUN 220: Cultural Diversity in Counselling & Psychotherapy
- ENG 211-2: English Writing I & II
- PSY 200: Social Psychology
- PSY 204: Personality & Individual Differences
- PSY 205: Cognitive Psychology
- PSY 206: Research Methods & Designs

### Third Year
- COUN 310: Advanced Skills in Individual Counselling & Psychotherapy
- COUN 330: Ethics: Professional Issues and Personal Awareness
- COUN 340: Advanced Skills in Group Facilitation
- COUN 420: Relationship Counselling
- PSY 300: Abnormal Psychology
- PSY 304: Psychological Assessment
- PSY 371/373: Research Project I/Capstone Project I

### Fourth Year
- COUN 400: Chinese Counselling & Psychotherapy
- COUN 461-2: Internship in Counselling
- PSY 372/374: Research Project II/Capstone Project II

## Suggested Areas of Concentration

### Youth and Education Concentration
- COUN 320: School Counselling
- COUN 350: Child Counselling
- COUN 360: Adolescent Counselling
- COUN 450: Career & Employment Counselling
- PSY 307: Educational Psychology
- PSY 320: Educational Psychology
- SW 310: Working with Marginal Youth

### Family and Marriage Concentration
- COUN 350: Child Counselling
- COUN 360: Adolescent Counselling
- COUN 430: Gerontological Counselling
- COUN 440: Family Therapy
- PSY 303: Health Psychology
- PSY 308: Human Sexuality

### Industrial/Organisational/Business Concentration
- BUS 130: Principles of Marketing
- BUS 250: Organisational Behaviour
- BUS 309: Human Resource Management
- COUN 450: Career & Employment Counselling
- PRA 320: Public Relations: Theory and Practice
- PSY 309: Industrial & Organisational Psychology

### Research or Cognitive Science Concentration
- PSY 310: Advanced Cognitive Psychology
- PSY 320: Motivation and Learning
- PSY 404: Psychology of Consciousness
- PSY 405: Human Neuropsychology
- PSY 406: Specific Issues in Neuroscience

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Faculty of Social Sciences
Hong Kong Shue Yan University

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